

Adams County Ohio Valley School District

High School Lunch Menu

*Whole wheat/whole grain options are in **bold** print.
Student Lunch - \$2.50

**A choice of fat-free white, fat-free chocolate and fat-free strawberry milk is served with each meal.
Extra Milk - \$0.50

May 2011-2012

Adult Lunch - \$3.25

****Last Day to Charge for the 2011-2012 School Year Will Be Friday, May 4th, 2012!!****

Monday April 30	Tuesday May 1	Wednesday May 2	Thursday May 3	Friday May 4
<i>General Tso w/steamed rice & fortune cookie Stir-Fry Vegetables Mandarin Oranges w/blueberries</i>	<i>Popcorn Chicken w/breadstick Steamed Green Beans Fruit Cocktail</i>	♥ <i>Deli Wrap w/lettuce & tomato Steamed Peas Pears</i>	<i>Nachos w/"the works" (lettuce, tomato, cheese, sour cream & salsa) Corn on the Cob Fresh Apple Slices</i>	<p style="color: red;">Last Day to Charge!!</p> <p>Cook's Choice Lunch</p>
May 7	May 8	May 9	May 10	May 11
♥ <i>Club Sandwich w/lettuce & tomato on WW Cook's Choice Vegetable Cook's Choice Fruit</i>	<p>Cook's Choice Lunch</p>	<p>Senior Luncheon Senior Choice Entrée Senior Choice Vegetable Senior Choice Fruit Fresh Baked Cake *No alternate menus will be offered*</p>	<i>Chicken Nuggets w/breadstick Cook's Choice Vegetable Cook's Choice Fruit</i>	♣ <i>Mozzarella Cheese Sticks w/marinara sauce Cook's Choice Vegetable Cook's Choice Fruit</i>
May 14	May 15	May 16	May 17	May 18
<p>Cook's Choice Lunch</p>	<p>Cook's Choice Lunch</p>	<p style="color: red;">Last Day for Seniors!!</p> <p>Cook's Choice Lunch</p>	<p>Cook's Choice Lunch</p>	<p style="color: red;">Last Day of School!</p> <p>Cook's Choice Lunch</p>

- ♣ Meatless Choice
- ♥ Heart Healthy Choices

Students **MUST** take at least 3 of the 5 components offered

Additional entrée choices served daily unless noted: Pizza (everyday), hamburger on bun (M, W, F) and chicken patty on bun (T, TH)
Entrée Salads available everyday

Side salads will be offered daily as a vegetable choice.

*The menu is subject to change without notice due to price and availability of food.

***Meal account balances can be checked by calling your child's school or the Child Nutrition Department.**

*This organization is an equal opportunity provider and employer



**Have a fun, safe, active, healthy and happy summer!
Eat well and be active!**

